

OVERHAUL



By **FIGHTING FIT**

**8 WEEKS...
NO EXCUSES...
NO APOLOGIES...
JUST SERIOUS RESULTS**

3 Sessions per week
Monday, Thursday and Saturday

No.3: Commences 17th July 2010

No.4: Commences 18th Sept 2010

STRICTLY LIMITED POSITIONS AVAILABLE

Are YOU up to the Challenge?

OVERHAUL HOTLINE - 07 4639 5077 (Glenn)