



Phoenix
Engage. Commit. Empower.

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Aussie 10

INTRODUCTION

Climb the highest ten peaks on the Australian mainland with Phoenix Adventures! All ten peaks are located in the beautiful and rugged Kosciuszko National Park, which is about a two-hour drive from Canberra. This is a challenging but achievable trek with good preparation and a good attitude! You'll also be well-looked-after by experienced trekking guides. The scenery of the Kosciuszko National Park is stunning especially in October when much of it will likely be covered in snow.

COST PER PERSON

\$1600

DATE

**Oct 20-23
2016**

INCLUSIONS

- All meals from arrival in and departure from Jindabyne. This includes three breakfasts and dinners at the Lake Crackenback Resort and two lunches while trekking.
- All accommodation: double or twin share (three nights at Lake Crackenback Resort).
- Transfers to and from Canberra airport.
- Experienced trekking guides.
- Entrance fee to Kosciuszko National Park.
- Training walks in Toowoomba leading up to the trek and gear advice
- Bring your own daypack, warm trekking clothes and comfortable, water-proof boots.

Please call James Holden on 0449 299 026 for more information.

ITINERARY

Day 1 (Thursday)

Arrive in Canberra late morning and drive up to the comfortable and picturesque Lake Crackenback Resort near Jindabyne in time to prepare our gear for the following day and have a trek briefing.

Day 2 (Friday): After an early breakfast we drive to Charlotte Pass to begin the trek. Today we walk six of the peaks: Abbott Peak, Caruthers Peak and then down through a valley and up to the ridge for Alice Rawson Peak, Mount Townsend, Mount Twynam and Byatt Camp. This is the biggest day so prepare to be out on the mountains for around 10 hours. Then it's back to Lake Crackenback Resort for dinner and a well-earned rest.

Day 3 (Saturday)

We drive to Thredbo today and catch the chairlift up to the plateau. Today will be about 5-6 hours of trekking. We follow the path to Kosciuszko for about a kilometre before heading towards the peaks of Ram's Head North and Ram's Head. Then we walk along a ridge to Unnamed Peak before our final climb of the trip, up to the highest point in Australia, Mount Kosciuszko (2228 metres ASL). After this, it's an easy walk to the chairlift and back down to Thredbo. We drive back to Lake Crackenback for a celebratory dinner with the satisfaction of having conquered the highest ten peaks on the Australian mainland in two days!

Day 4: (Sunday)

After breakfast, we drive back to Canberra. Depending on flight times, there may be time for a visit to the war memorial.





To secure your spot on the Aussie 10 trek please complete this form and post or email to Phoenix Power Coaching (contact details overleaf). A deposit of \$500 is required. Please note that there is maximum number of 14 trekkers on this trip.

Booking form

PASSENGER 1

PASSENGER 2

FIRST NAME

SURNAME

ADDRESS

.....

.....

DATE OF BIRTH

PHONE

MOBILE

EMAIL

EMERGENCY CONTACT NAME

EMERGENCY CONTACT NUMBER

SIGNED: PASSENGER 1 PASSENGER 2

DATE

**Please pay a deposit of \$500 per person to secure your booking
(total cost is \$1600* per person)**

Payment options (please tick preferred option):

Direct deposit: Phoenix Adventures, BSB: 084 961, A/C: 714 360 390
Please use your surname as the reference when making the payment.

Credit card: We accept credit card payments over the phone (please call 07 4639 5077)

* Price may be subject to change. Final payment is due eight weeks before departure.