



PO Box 470  
Drayton North  
QLD 4350  
Mobile: 0421 931 182  
Email: [info@fightingfit.net.au](mailto:info@fightingfit.net.au)

## Aussie 10

### INTRODUCTION

Climb the highest ten peaks on the Australian mainland with Phoenix Adventures! All ten peaks are located in the beautiful and rugged Kosciuszko National Park, which is about a two-hour drive from Canberra. This is a challenging but achievable trek with good preparation and a good attitude! You'll also be well-looked-after by experienced trekking guides. The scenery of the Kosciuszko National Park is stunning, especially in October when much of it will likely be covered in snow. Total trekking distance is around 48 kilometres.

### COST PER PERSON

**\$1850**

### DATE

**Oct 18-22  
2017**

### INCLUSIONS

- All meals from lunch in Cooma on Wednesday to arrival back in Canberra on Sunday.
- All accommodation: double or twin share (four nights at Lake Crackenback Resort).
- Transfers to and from Canberra airport.
- Experienced trekking guides.
- Entrance fees to Kosciuszko National Park.
- Training walks in Toowoomba leading up to the trek.
- Trekking and gear advice.
- Bring your own daypack, warm trekking clothes and comfortable and waterproof boots (a full gear list will be supplied).

Please call James Holden on 0449 299 026 for more information.

### ITINERARY

**Day 1 (Wednesday):** Arrive in Canberra late morning, drive to Cooma for lunch and then onto the very comfortable and picturesque Lake Crackenback Resort. That evening we'll have a team dinner and trek briefing hosted by your guides.

**Day 2 (Thursday):** After an early breakfast in our rooms (supplied) we drive to Charlotte Pass to begin the trek. Today we climb six of the peaks: Mount Twynam and Caruthers Peak and then down through a valley and up to the ridge for Alice Rawson Peak, Mount Townsend, Abbot Peak and Byatt Camp. This is the biggest day so prepare to be out on the mountains for around 10 hours. Then it's back to Lake Crackenback Resort for dinner and a well-earned rest.

**Day 3 (Friday):** We drive to Thredbo today, after breakfast at the resort, to catch the chairlift up to the plateau. Today will be about 5-6 hours of trekking. We follow the path to Kosciuszko for about a kilometre before heading towards the peaks of Ram's Head and Ram's Head North. Then we walk along Ethridge Ridge to Unnamed Peak before our final climb of the trek, up to the highest point in Australia, Mount Kosciuszko (2228 metres ASL). After this, it's an easy walk to the chairlift and back down to Thredbo. We drive back to Lake Crackenback with the satisfaction of having conquered the highest ten peaks on the Australian mainland in two days! Dinner at the resort.

**Day 4 (Saturday):** Breakfast at the resort followed by activities at your own leisure. Celebratory dinner at a restaurant in Jindabyne.

**Day 5 (Sunday):** After breakfast, we drive back to Canberra. Depending on flight times, there may be time for a visit to the war memorial.





To secure your spot on the Aussie 10 trek please complete this form and post or email to Phoenix Adventures (contact details overleaf). A deposit of \$500 is required. Please note that there is maximum number of 14 trekkers on this trip.

# Booking form

PASSENGER 1

PASSENGER 2

FIRST NAME .....

SURNAME .....

ADDRESS .....

.....

.....

DATE OF BIRTH .....

PHONE .....

MOBILE .....

EMAIL .....

EMERGENCY CONTACT NAME .....

EMERGENCY CONTACT NUMBER .....

SIGNED: PASSENGER 1 ..... PASSENGER 2 .....

DATE .....

**Please pay a deposit of \$500 per person to secure your booking  
(total cost is \$1850\* per person)**

Payment options (please tick preferred option):

**Direct deposit:** BSB: 014 720, account number: 385 925 118

Please use your surname as the reference when making the payment.

**Credit card:** We accept credit card payments over the phone (please call 0421 931 182)

\* Price may be subject to change. Final payment is due eight weeks before departure.