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Vietnam Trek and Tour

INTRODUCTION

Trek with us in the Sapa Highlands of North Vietnam, a place of rippling mountains and cascading rice terraces populated by brightly dressed, hill-tribe minorities. Cruise with us on emerald waters around the hundreds of limestone towers of Halong Bay, known locally as 'where the dragon descends into the sea'. Enjoy the hustle and bustle of historic Hanoi and be nourished by a local cuisine, which is one of the most varied and healthy on the planet – a delicious mix of the food of colonial visitors and age-old native flavours and techniques.

COST PER PERSON

\$3750

DATE

**Sep 16-29
2017**

INCLUSIONS

- Six days of trekking in the Sapa Highlands.
- Three-night boat trip including activities such as kayaking, swimming, walking, exploring caves and islands.
- All meals including celebratory dinner in Hanoi at the end of the trip.
- All accommodation: double or twin share (single supplement available on request).
- All transfers and transport while in Vietnam.
- Experienced local and Australian trekking guides.
- Training walks in Toowoomba leading up to the trek and gear advice.
- Bring your own daypack, and comfortable trekking boots.

Please call James Holden on 0449 299 026 for more information.

ITINERARY

After arriving in Hanoi, we'll be transferred to our hotel in the city to rest and relax. After breakfast the next morning, we'll explore the old quarter with its colonial architecture and bustling streets. There's lots to see and do here including market stalls, cafes, restaurants and shops, street vendors, museum, as well as Hoan Kiem Lake and the Hanoi Opera House.

That evening we'll catch the overnight sleeper train to Lào Cai and from there it's a short bus ride to Sapa, a quaint market town perched in the highlands and the start of our trek. We'll have breakfast at the Graceful Hotel and meet our Sapa Sisters' guide, a local woman from the Hmong minority. We'll trek out of town and spend five days walking remote tracks in the highlands, past rice-paddy terraces, through forests and valleys, and over hills and mountains. Each night we'll stay in remote villages with local people as our hosts. These homestays provide hot showers and comfortable beds and authentic, tasty and nutritious local food. After our sixth day of trekking, we'll make our way up to the Topas Ecolodge, perched on a hilltop giving magnificent all-round views, for some well-deserved luxury after the trek. We'll be taken back to Sapa the next morning where we'll ride motorbikes on a spectacular journey up to Tram Tron Pass (Heaven's Gate). In the afternoon we'll transfer down to Lào Cai and catch the sleeper train back to Hanoi.

In the morning, a private bus will take us to Halong Bay for the start of the boat trip. Here we'll have a three-night cruise around magnificent Halong Bay with its towering limestone islands surrounded by emerald waters. There will be lots of activities on offer including kayaking, swimming, exploring caves, and visiting floating markets and island communities. Then we'll return to Hanoi and check into our hotel for a free afternoon before our celebratory dinner at one of the best local restaurants in Hanoi. The next day is our last in beautiful Vietnam so we will transfer to the airport for our flight home.





To secure your spot on the Vietnam Trek and Tour please complete this form and post or email to Phoenix Adventures (contact details overleaf). A deposit of \$750 is required.

Booking form

PASSENGER 1

PASSENGER 2

FIRST NAME

SURNAME

ADDRESS

.....

DATE OF BIRTH

PHONE

MOBILE

EMAIL

EMERGENCY CONTACT NAME

EMERGENCY CONTACT NUMBER

SIGNED: PASSENGER 1 PASSENGER 2

DATE

**Please pay a deposit of \$750 per person to secure your booking
 (total cost is \$3750* per person)**

Payment options (please tick preferred option):

Direct deposit: BSB: 014 720, account number: 385 925 118

Please use your surname as the reference when making the payment.

Credit card: We accept credit card payments over the phone (please call 0421 931 182)

* Price may be subject to change. Final payment is due eight weeks before departure.